



From The University of Georgia Center for Continuing Education  
Cosponsored by Sherpa Coaching, LLC

# Sherpa Executive Coaching Certification Program

Fall Session: October 3-7 and November 7-10, 2011

## Taking Executive Development to new heights

*The most desired employees in today's workforce respond to three things: challenges, support, and rewards. The coaching leader knows how to provide them all, unleashing the spirit and energy every emerging star has to offer.*

~ **Brenda Corbett and Judith Colemon**  
Authors of *The Sherpa Guide: Process-Driven Executive Coaching*

### Four easy ways to register:

Phone: +1-706-542-3537 or

800-811-6640 (toll free in the USA)

Fax: +1-706-583-0180

E-mail: [questions@georgiacenter.uga.edu](mailto:questions@georgiacenter.uga.edu)

Online: [www.georgiacenter.uga.edu/coach](http://www.georgiacenter.uga.edu/coach)



The University of Georgia  
Center for Continuing Education



### Program Objectives

This program teaches you to be an effective executive coach. Working with published experts, you will master the six-phase "Sherpa" coaching process and learn the skills and techniques necessary to enable others to achieve professional success.

This three-month certification program puts you to work with the industry's leading authors, at your site or at the University of Georgia campus. As you go through the program, you'll have two weeks in the classroom, and expert weekly support as you work with a practicum client.

Upon successful completion of this 60-hour program, you will earn the designation of Certified Executive Coach from Sherpa Coaching, LLC as well as 6.0 University of Georgia Continuing Education Units (CEUs).

### Who Should Attend

#### Sherpa Executive Coaching Certification

**Program** is appropriate for human resources line and staff professionals or others responsible for developmental coaching in both public and private organizations and/or clients.

### Program Benefits

Executive coaching certification will make you far more effective as a leader and facilitator in this new and growing field. You'll gain the prestige and credibility of a university-endorsed certification.

You will learn:

- How to facilitate improved business behavior in others
- How to evaluate and attain your full potential and the potential of your clients
- Effective communications for developing increased individual and team productivity
- Mastery of the Sherpa coaching process, the "operating system" for contemporary coaching

### The Sherpa Guide

*The Sherpa Guide: Process-Driven Executive Coaching* sets the standard for "how to coach" books and for the field of coaching itself. The book is packed with actionable items — tips, tricks, and techniques for a coach to use with any client.

### Program Content

The Sherpa coaching process involves six phases, with comprehensive exercises, assessments, tools, and activities associated with each phase. The authors/instructors share their own case studies and experiences, adding depth to the content.

#### Phase I: Taking Stock

- Process Overview
- Self Discovery
- Agreement

#### Phase II: Global View

- Support Mountain
- Perception
- Values
- Change Management
- Who Am I?

#### Phase III: Destination

- Logistics
- Weakness Mountain
- Expectation Mountain

#### Phase IV: Charting the Course

- Relational Route
- Organizational Route
- Goal Setting

#### Phase V: Agenda

- Commitment
- Accountability and Attitude
- Browsing the Journal
- Long Term Outlook

#### Phase VI: The Summit

- Support
- Follow-up
- Putting Theory into Practice

See reverse side

### Putting Theory into Practice

The program's two-week, time-phased format allows for immediate practice of skills learned. In between the first and second program sessions, participants will return home and use their new skills to work with a practicum coaching client. They will also talk with their instructors weekly as the practicum coaching experience unfolds.

### What Is a Sherpa Coach?

The model for the Sherpa executive coach is the Himalayan guide. Of all mountain escorts, Sherpas are the most knowledgeable. They help climbers choose a course and reach the summit. In the same way, Sherpa executive coaches advise, provide tools, and share knowledge of the best path for their clients to follow.

### Instructors

**Sherpa Executive Coaching Certification Program** will be presented by Brenda Corbett and/or Judith Coleman, the authors of *The Sherpa Guide: Process-Driven Executive Coaching*.

### Program Details

#### Fall Session

#### **Sherpa Executive Coaching Certification Program (#71952)**

October 3-7 and November 7-10, 2011

Location: The University of Georgia Center for Continuing Education Conference Center & Hotel (Athens, Georgia)

or

#### Spring 2012

Call +1-706-542-3537 for program dates!

### Fees

The fee for **Sherpa Executive Coaching Certification Program** is \$8,950. This includes all instructional materials, meals (breakfast and lunch) and breaks, private room accommodations, and parking.

We accept MasterCard, Visa, Discover, and American Express.

### Registration

*Class size is limited.*

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*Program details are subject to change.*